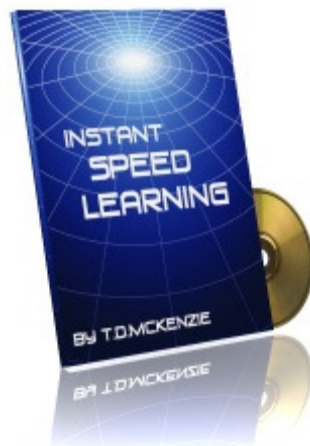


Instant Speed Learning



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Instant Speed Learning

How It Works

The first step in mastering ISL™ requires that you listen to the audio once a day for three consecutive days, however in this trial version you only need to do this once, after this is done your mind will be conditioned to respond to a specific physical signal for 100 hours. For simplicity the signal is having the tip of the thumb and index finger of either hand touching each other as in the diagram below, whilst you are reading or listening to any information.



As you initiate this physical gesture your mind will become calmer and you will experience a heightened level of concentration and focus. This should occur within 5 seconds, after which you can begin studying the required material (**whilst maintaining the physical signal described above**).

For your information here are unconscious commands that are contained in the recording.

ISL™ Unconscious Directives

I am talking directly to the unconscious mind of the person who is listening to this recording, unconscious mind (if this is the first time you are listening to this recording please for the Next 100 hours only) instantly accept the following concept as the truth, whenever you join the thumb and index finger of either hand you will have superior concentration and understanding of any information you are reading or listening to and you easily recall that information easily and clearly at anytime in the future as if you had read or listened to it 1000 times.

If you have listened to the audio as directed, your mind will now be programmed to respond to the physical signal of joining your thumb and index finger together for the next 100 hours.

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During this period whenever you wish to study or memorise any information whether written or verbal, all you have to do is bring the thumb and index finger together, wait for 5 seconds and begin reading or listening to that specific information.

After doing this your recall of any information you have read or listened to will be far more detailed and specific.

Recall of the Material

After applying studying any material all that's required is that you simply test your recall by trying to remember specific ideas or points (**when trying to recall information allow yourself a minimum of 5 seconds for your memory to respond**).

Once you do this you will discover that with very little effort you will have a detailed recollection of the information you were reading or listening to.

Please note:

It is not necessary for you to perform the physical signal in order to recall the information.

After testing your recall you may desire to go back over the material again, if you require an even deeper detailed understanding and recall of it.

It's important to reiterate that the Instant speed Learning guidelines detailed above are only that, **guidelines**, and you are free to change or adapt them to suit your particular circumstances or learning style.

Also, please note that ISL™ can be used in conjunction with any other mnemonics memory-improvement systems and speed-reading techniques.

If you wish to retrain for a new career, learn a language or master a new skill the ISL™ system will be an indispensable new skill that you will want to utilise over and over again.

**To your success,
T.D.McKenzie**